

# SAVE THE DATE!

## SEQUOIA UNION HIGH SCHOOL DISTRICT STUDENT **HEART** SCREENING EVENT

- INVITED:** All young adults, 12 to 25 years old, in the Bay Area and surrounding communities are invited to participate in Via Heart Project's heart screening event.
- WHY:** It is estimated 1 in 500 school-aged children suffer an undiagnosed heart defect, which can lead to sudden cardiac arrest and death. A typical annual physical does not screen for advanced heart abnormalities. **This screening does not take the place of your annual or pre-participation sports physical.**
- WHAT:** **Screenings take 60-90 minutes** (wait times may vary). A team of medical volunteers; including cardiologists, sonographers, and nurses from the Bay Area, will conduct a health history questionnaire review, an EKG test, and if warranted, an echocardiogram. The entire process is non-invasive—no needles or x-ray exposure—and we ensure each teen's confidentiality, privacy, and individual modesty is respected throughout all aspects of the screening.
- HOW:** Your child must be registered in advance. Registration will open September 24, 2018 and will close at noon on November 2nd, 2018 and is limited to 500 students. **Use this link to register beginning 9:00am on September 24:** <https://viaheartproject.org/screenings/>
- WHEN:** Sunday, November 4, 2018, 9:00 am to 3:00 pm
- WHERE:** Sequoia High School, 1201 Brewster Avenue, Redwood City, CA 94062
- COST:** **Via Heart Project** is able to provide this heart **screening free of charge thanks to generous sponsors, Sequoia Healthcare District, the Sequoia Union High School District, and Hypertrophic Cardiomyopathy Foundation.** Consider paying it forward to allow Via to keep saving young lives. Just \$25 helps them screen another teen. Donations may be made at the screening, during the online registration process, or by using this link: <https://viaheartproject.org/donate/>.

**#ScreenATeen**