



## PERSONAL/SOCIAL SUPPORTS

# Woodside High School

### *Positive Behavior Reinforcement*

**Student of the Week** Two students awarded each week based on nominations from all Woodside staff.

**Student Athlete of the Week** Students recognized for sportsmanship and commitment to excellence in their sport, selected among nominations by the coaches.

**Distinguished Scholars** Certificates awarded to students each semester for students who earn a semester GPA of 3.0 or above.

**Post Cards** Every month each Woodside faculty member selects a student to send a post card home to acknowledge individual efforts, achievements, and positive attitude.

### *Personal Development & Counseling*

**Counseling & Advocacy for Teens/Adolescent Counseling Services (CAT/ACS)** Individual and group counseling services provided by trained and supervised intern therapists to students referred through their guidance counselors.

**Alternative to Suspension** Counseling sessions available for students in lieu of up to three days suspension.

**Acknowledge Alliance** Counseling for students transitioning back into the comprehensive high school from county juvenile correctional facilities.

**Outlet** An after-school support group for LGBTQ+ students.

### *Physical Health & Wellness*

**Health Office** Assistance with health needs during the day and referrals for ongoing health needs available from the Health Aide.

**District Nurse** The district nurse is available at WHS two days per week to assist students and families needing referrals and assessments related to physical health, including vision screening.

### *Parent Support*

**Bilingual Parent Coordinator** Provides information, support, and outreach for Spanish-speaking parents.

**Parent Project** A series of classes for parents about improving communication and addressing difficult behaviors.

**Parent Education Series** A series of classes for parents on various topics, offered by the district.

### *Students Offering Support*

**Freshman Transition Program** Each 9<sup>th</sup> grader is teamed with a trained upper-class Peer Leader.

**Safe School Ambassadors** National violence prevention program that trains students to intervene when they notice bullying.

**Peer Conflict Mediation** Trained peer mediators, through the S.O.S. Program, volunteer to mediate conflicts for students willing to participate.

**Kids Learning Empathy & Respect (KLEAR)** An alternate to suspension program in which students attend sessions with their parents to learn positive communication and anger and conflict management.