



ATHLETE *of the* WEEK



January 31, 2022

Angie Sugar



The Athlete of the Week is Angie Sugar. Angie is a senior captain and point guard on WHS varsity girls basketball team. Angie has been playing basketball since fourth grade and decided to continue playing in high school. Angie says, "Playing with teammates and playing in games is what I love most about basketball." In the future, Angie wants to keep playing basketball in college. Angie balances school and basketball by practicing good time management skills during her day. Of the "8 Conditions," Angie resonates most with **Leadership & Responsibility** because she feels there is strong responsibility that goes with being the captain. Coach Llantero says, "Angie was definitely one of the hardest workers in the off-season. She changed her body composition and is physically stronger. This past season, she's been able to withstand the hits while going into contact. She loves making the long range 3-pointer as well as the old-fashion 3 pointer. We're more than lucky to have her on our team."

Woodside Athletic Department
Study hard, practice hard, play hard!