



ATHLETE *of the* WEEK



January 31, 2022

Naomi Komadina



The Athlete of the Week is Naomi Komadina. Naomi is a senior, point guard on the WHS varsity girls basketball team. Naomi plays both basketball and lacrosse at WHS, but basketball is her favorite because she played it growing up. Naomi says about basketball, “I love the community built from basketball teams. Since there’s only five people on the court per team and the court isn’t that big, you feel completely immersed whether you’re in the game, cheering on the bench, or a fan in the bleachers. You create so many important relationships with your teammates, coaches and supporters.” In the future, Naomi plans on attending college. In terms of balancing school and basketball, Naomi says, “It can be really hard to balance both and I’ve learned sometimes I need to figure out my priorities and give up less important things in order to not become overwhelmed.” Of the “8 Conditions,” Naomi resonates most with **Heroes** because she says, “We have coaches that unconditionally believe in us and are always there to listen or to give us advice. We also have teammates who support each other and pick each other up when needed.”

Woodside Athletic Department
Study hard, practice hard, play hard!