This Athlete of the Week is Michaela Velleno. Michaela is a senior outside hitter on the WHS varsity volleyball team. Michaela’s interest in volleyball started when she was in fifth grade when she went to a Stanford volleyball game and loved it. Michaela enjoys volleyball because she thinks of her teammates as family and loves picking them up when they’re down. After high school, Michaela hopes to pursue her love for graphic design in college. Michaela balances school and volleyball by completing her homework and classwork and turning it in on time. Of the “8 Conditions,” Michaela resonates most with Fun & Excitement because she says, “I love having fun and bonding with my friends after school and at practices."