



ATHLETE *of the* WEEK



October 18, 2021

Ava Rutter



The Athlete of the Week is Ava Rutter. Ava is a senior and captain of the WHS dance team. Ava has danced her whole life and loves the WHS community. As captain of the dance team, Ava says, “I get to do a lot of the choreography and I think having a creative outlet like that lets me express myself through music and that is something I really appreciate.” After high school, Ava wants to continue dancing in college. She hopes that her experience dancing for WHS as well as outside of school will help her achieve that. Ava balances school and dance by using good time management skills. Of the “8 Conditions,” Ava resonates most with **Leadership & Responsibility** because as captain, she needs to have things ready to go and completed on time. She says, “Being able to lead the team is a lot of responsibility, but really fun.”

Woodside Athletic Department

Study hard, practice hard, play hard!