



ATHLETE *of the* WEEK



October 4, 2021

Claire Cook



The Athlete of the Week is Claire Cook. Claire is a senior and plays number 3 doubles on the WHS girls varsity team. Claire has been playing tennis since 7th grade and decided to play because, “It is a fun sport and you get to talk to people but it’s also more individual.” Claire enjoys playing with her doubles partner and as well as the social aspect and hanging out with her teammates. Claire says about tennis, “It’s really therapeutic hitting the ball.” In the future, Claire would like to attend the University of Washington and pursue Environmental Studies. Claire manages school and tennis by using her planner to create a schedule and stay organized. Of the “8 Conditions,” Claire resonates most with **Fun and Excitement** because she says, “It’s really fun to play the game. When you win, it is exciting because sometimes it can get really intense.” Coach Lauren says, “This is their [doubles] first season as starters in the main lineup and they are owning it!”

Woodside Athletic Department

Study hard, practice hard, play hard!