

ATHLETE of the WEEK



November 1, 2021

Jake Anderson







The Athlete of the Week is Jake Anderson. Jake is a senior, attacker on the WHS varsity water polo team. Jake decided to play water polo because it combines aspects from all sports and it is physically demanding. After high school, Jake wants to keep playing water polo in college. In terms of WHS water polo, his teammates and memories brings him the most joy. Jake balances school and water polo by studying and completing his work before practice. Of the "8 Conditions," Jake resonates most with **Belonging** because of the close team environment. Coach Bruno says, "Jake is one of our varsity captains and has done a great job so far this season leading the team by example through his focus, drive, and commitment. I think he should be highlighted as he has been an integral part of this team for the past couple of years and now more than ever."

Woodside Athletic Department

Study hard, practice hard, play hard!