

ATHLETE of the WEEK



November 22, 2021









This Athlete of the Week is Elle Marsyla. Elle is a senior captain of the WHS varsity cross country team. Elle decided to run cross country because she says, "I've always loved running and exploring trails." The three things that bring Elle the most joy from cross country are doing well in races, being super close with the team, and the great cross country team culture. In the future, Elle hopes to run in college and set "Personal Records" in all of her track events in the spring. Elle balances school and cross country by staying on top of all her homework and not letting herself fall behind. Of the "8 Conditions," Elle resonates most with **Sense of Accomplishment** every time she finishes a cross country race.

Woodside Athletic Department

Study hard, practice hard, play hard!