

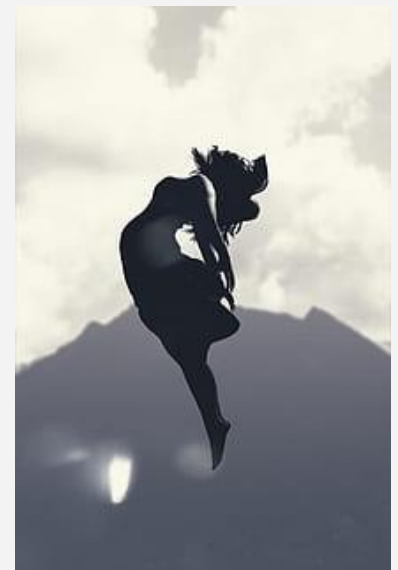


# ATHLETE *of the* WEEK



**February 7, 2022**

*Lauren Hockaday*



This Athlete of the Week is Lauren Hockaday. Lauren is a junior and a member of the WHS Varsity Cheer team. Lauren cheered growing up and wanted to continue cheering in high school. Lauren enjoys cheer because she loves being with all her friends, cheering at WHS home games, and loves the adrenaline rush that comes from performing in front of fans. After high school, Lauren hopes to pursue her love for cheer and continue at the college that she decides to attend. Lauren balances school and cheer by staying organized and completing all her work on time. Of the “8 Conditions,” Lauren resonates most with **Spirit of Adventure** because she says, “The cheer team puts a lot of trust in each other while doing different types of stunts during our performances.”

**Woodside Athletic Department**  
*Study hard, practice hard, play hard!*