Celebrating Spring and all the Corresponding Events

Dear Woodside Families:

I love the cycle of the school year and the opportunity to celebrate the seasons. We’re inching closer to celebrating spring and all the events (senior thesis due date, prom, testing, awards, graduation). On the first day of spring this March, we completed our accreditation visit that happens every six-years. We are confident that, like spring flowers, we are growing and even blooming, and will be awarded another six-year validation. Go WILDCATS!

As I reflect on the seasons of this senior year for Class of 2019, highlights include the combining of the senior sunrise with the senior run on Friday homecoming morning. The final highlight will be the sea of orange mortar boards and tassels for commencement on Friday, June 7, 2019, at 10 am. I appreciate the live band playing Pomp and Circumstance to march the seniors in, the staff escorting seniors onto Bradley Field, the student speakers, the handshakes awarding diplomas on stage, the classmates announcing graduate names, and the reception and diploma pickup on the I wing lawn to close the celebration. We seat both sides of Bradley Field (home and away bleachers) for plenty of seats for family and friends. Stay tuned for information shared on our website, Canvas, the weekly PTSA parent e-mail blast, and with seniors themselves for up-to-date info about seating for the best viewing of your graduate and for parking.

This summer, construction is minimal on campus. The student and staff parking lots will be mostly closed as solar structures are installed. The entrance at Woodside Road by the marquee and the bus circle in front of the PAC will be open, but the main entrance for summer school will be the Alameda entrance and summer school’s main office and classrooms will be housed on the Alameda edge of campus. The PAC, the pool, and the fields will still be open for student and rental use, but parking will be limited!

It’s shaping up to be another great spring to be a Wildcat!

Your principal,
Diane Burbank

(Continued on page 2)
Celebrando la Primavera y Todos los Eventos Correspondientes

Estimadas Familias de Woodside:
Amo el ciclo del año escolar y la oportunidad para celebrar las estaciones. Nos estamos acercando poco a poco a la celebración de primavera y todos los eventos (fecha límite de la tesis de los estudiantes del 12º grado, prom, exámenes, reconocimientos, graduación). El primer día de primavera de este marzo, completamos nuestra visita de acreditación que ocurre cada seis años. Confiamos en que, como las flores de primavera, estamos creciendo e incluso floreciendo y se nos otorgará otra validación por seis años. Vamos GATOS SALVAJES ¡ (Go WILDCATS!)

Cuando reflexiono en las estaciones de este año de los estudiantes del 12o grado de la Clase 2019, los reflejos incluyen la combinación de la salida del sol de estudiantes del 12º grado con su carrera el viernes por la mañana (homecoming morning). El reflejo final será el mar de tableros de morteros naranja y borlas para la entrega de Diplomas el viernes, 7 de junio, 2019, a l0 am. Agradezco a la banda de música en vivo tocando *Pomp and Circumstance* cuando entren desfilando los estudiantes del 12o grado, el personal de la escuela escoltándolos dentro del Campo Bradley, los estudiantes oradores, los apretones de manos al entregar los diplomas en el escenario, los compañeros anunciando los nombres de los graduados, la recepción y la entrega de diplomas en el césped del Ala I cerca de la celebración. Nos sentaremos a ambos lados del Campo Bradley (en las bancas de la casa y de los visitantes) para tener suficientes asientos para la familia y amigos. Manténgase al tanto de la información que compartimos en nuestro sitio web, Canvas, el correo electrónico explosivo semanal de la Sociedad de Padres y con los mismos estudiantes del 12o grado para ponerse al día con la información acerca de los asientos para una mejor vista de su graduado y para el estacionamiento.

Este verano, la construcción en el campus es mínima. Los estacionamientos de los estudiantes y personal serán en su mayoría cubiertos con estructuras solares que serán instaladas. La entrada de Woodside Road por la marquesina y el circulo del camión enfrente del auditorio serán abiertos, pero la entrada principal para la escuela de verano será por la entrada de Alameda y la oficina principal para la escuela de verano y los salones de clase serán alojados en el borde del campus por Alameda. El auditorio, la alberca y los campos estarán abiertos para los estudiantes y para rentarlos, pero el estacionamiento será limitado!

Se está perfilando para ser otra gran primavera para ser Gato Salvaje!
Su directora,
Diane Burbank

(Continued from page 1)

and

Spring Sports Awards Night
7 pm, PAC

Thursday, May 16
Music Dept. Concert
7 pm, PAC

Thursday, May 17
Music Dept. Concert
7pm, PAC

Saturday, May 18
WHS Music Dept. @ San Carlos

Hometown Days

Tuesday, May 21
Drama II Production
7 pm, PAC

Wednesday, May 22
Academy Graduation
7 pm, PAC

Thursday, May 23
AVID Graduation
6:30 pm, PAC

Friday, May 24
Music Dept. Awards and Potluck
7 pm

Monday, May 27
Memorial Day
No School

May 28—May 31
Study Week

Tuesday, May 28
SSC/SDMC
4 – 6 pm, MUR Conf. Rm.

and

Last day to Serve a Detention

Friday, May 31
Last Day to complete Cyber High APEX

and

Last Day to Submit Community Service Hours

Saturday, June 1
SAT Reasoning & Subject Tests

June 3—June 6
Finals Exams

Tuesday, June 4
Staff Appreciation Luncheon

Wednesday, June 5
Awards Night
7 pm, PAC

and

(Continued on page 12)

From Principal
Diane Burbank

May/June 2019 Communicat
2019 - 2020 WHS Student Course Request - Information

Confidence to Take Action-setting goals and taking the steps you need to reach them

The Woodside High School Guidance Department has completed the process of registering students for the 2019-2020 school year. In an attempt to personalize this process, all students had an opportunity to meet individually with their counselor to discuss course choices. You will have access to view your student’s course requests on the infinite campus parent portal when the online registration process opens on Wednesday, May 1, 2019 and concludes on Friday, May 24, 2019. All requests to change courses must be submitted through the online check-in process by Friday, May 24, 2019.

AS and AP Courses: Students enrolled in AS or AP courses for the 2019-2020 school year, have until Thursday, June 6, 2019 to notify their guidance counselor in writing of any request to drop an AS/AP course. After, Thursday, June 6, 2019, requests to drop an AS or AP course will not be considered until the end of the first semester.

All students in grades 9-11 must be enrolled in a minimum of 6 five-unit courses, at all times during the academic school year. (Student Clerk classes do not count in the 6 course minimum). All 12th grade students must be enrolled in a minimum of 5 five unit courses (6 is preferred) at all times during the academic school year. (Student Clerk courses do not count in the 5 course minimum)

Summer School

Pre-registration for summer school courses are included on the student course request form. Students are expected to attend summer school to make up any graduation requirements they have failed. Students are determined eligible by district set criteria. If summer school classes are successfully completed, your child’s fall schedule will be automatically adjusted. Please note that “D” grades do not count for four-year colleges. Math and world language classes are based on sequential learning. If students earn a D, F, NA grade, they need to repeat the class before moving on to the next level.

Información de la Solicitud de Cursos del Estudiante de WHS 2019-2020

Confianza para Tomar Acción-estableciendo metas y dar los pasos necesarios para alcanzarlas

El Departamento de Consejería de Woodside High School ha completado el proceso de inscripción de los estudiantes para el año escolar 2019-2020. En un intento por personalizar este proceso, todos los estudiantes tuvieron la oportunidad de reunirse individualmente con su consejero para discutir su elección. Usted tendrá acceso para ver las clases que su estudiante solicita, en el portal para padres de infinite campus cuando se habra el proceso de inscripción el miércoles, 1º de mayo, 2019 y concluye el viernes, 24 de mayo, 2019. Todas las solicitudes para cambiar clases deben ser enviadas a través del proceso de verificación, en línea el viernes 24 de mayo, 2019.

Los Cursos AS y AP: Los estudiantes inscritos en cursos AS/AP en el año escolar 2019-2020, tienen hasta el jueves, 6 de junio, 2019 para notificar a su consejero por escrito cualquier solicitud para darse de baja de un curso AS/ AP. Después, del jueves, 6 de junio, 2019, las solicitudes para darse de baja de un curso AS or AP no serán consideradas hasta final del primer semestre.

Todos los estudiantes de los grados 9-11 deben estar inscritos en un mínimo de 6 clases con crédito de cinco – unidades, todo el tiempo durante el año escolar académico. (Las clases de Asistente de Oficina no cuentan dentro del mínimo de 6 clases). Todos los estudiantes del grado 12 deben estar inscritos en un mínimo de 5 clases de cinco unidades (es preferible 6) durante todo el tiempo del año escolar académico. (Las clases de Asistente de Oficina no cuentan dentro del mínimo de 5 clases)

Escuela de Verano

La pre-inscripción para los cursos de la escuela de verano está incluida en la hoja de solicitud de clases del estudiante. Se espera que los estudiantes asistan a la escuela de verano para repetir cualquier clase que reprobaron y es un requisito para la graduación. Si las clases de verano son completadas exitosamente, el horario del otoño de su estudiante será ajustado automáticamente. Tome en cuenta que la calificación “D” no cuenta para una universidad de cuatro años. Matemáticas y clases de lengua extranjera están basadas en aprendizaje secuencial. Si los estudiantes obtienen una D, F, NA, necesitarán repetir la clase antes de continuar al siguiente nivel.
Wildcats, Get Ready for The WHS Big Read!

Coming to Tutorial on August 26, 2019

All WHS students are expected to read at least one 150+ page book of their choice over the summer. Fiction? Non-Fiction? Subject Matter?

**Student Choice!**

We recommend parents review titles and content, and assist their student in making a suitable selection.

---

**Goals:**
- To advance literacy and academic performance by engaging students in reading.
- To foster a love of reading through self-selected books of personal interest.
- To build community through discussion of ourselves, the WHS 8 Conditions, & the world.

**Rationale:**
- Prevent “Summer Slide.”
- Studies estimate that school summer breaks can cause the average student to lose up to one month of instruction, disproportionately affecting disadvantaged students (Cooper 1996).

**As you read The WHS Big Read book of your choice, think about the following:**

**You!**
- How do you relate personally to the characters, setting, conflicts, topics, and situations?
- How do you see yourself in the book, and how does the book represent you in some way?

**8 Conditions:**
- How does the book exemplify any of the WHS 8 Conditions of Student Success: *Belonging, Heroes, Sense of Accomplishment, Fun & Excitement, Curiosity & Creativity, Spirit of Adventure, Leadership & Responsibility, and Confidence to Take Action?*

**The World:**
- How does the book link to the world around us: current events, popular trends, politics, history, careers, the environment, cultures, human nature?

The only summer work for The WHS Big Read is to read! Take notes if it will help you keep track of your ideas. You will share your ideas about your reading with classmates during The WHS Big Read Conversation on August 26, 2019.

---

**Need ideas on what to read?**

For print books: Visit the WHS library anytime or the WHS book fair on May 30 & 31, 2019.

For free access to electronic books: Visit [www.plsinfo.org](http://www.plsinfo.org) for a free library card, and download the “Libby” app.

**Enrolled in an AS or AP English class?**

You may use one of the required books listed below or any book of your choice for The WHS Big Read.

**AS English I:**
- *Born A Crime* by Trevor Noah
- Short Story Packet (Print from WHS website. Limited copies in WHS guidance & attendance offices.)

**AS English II:**
- *Never Let Me Go* by Kazuo Ishiguro
- *The Elements of Style* by Strunk & White

**AP English Language & Composition:**
- *The Woman Warrior* by Maxine Hong Kingston
- *Thank You for Arguing* by Jay Heinrich

**AP English Literature & Composition:**
- *Wuthering Heights* by Emily Brontë
- *The Heart is a Lonely Hunter* by Carson McCullers
- Recommended: *All the Light We Cannot See* by Anthony Doerr
Gatos Salvajes, Prepárense para la Gran Lectura de WHS!
Viniendo para tutoría el 26 de agosto, 2019

Se espera que todos los estudiantes de WHS lean al menos un libro de su elección de 150 o más páginas durante el verano.
Ficción? No Ficción? Importa el Tema?

Elección del Estudiante!

Nosotros recomendamos que los padres revisen los títulos y contenidos, y ayuden a su estudiante a hacer una lección adecuada.

Metas: Avanzar en la alfabetización y el desarrollo académico al involucrar a los estudiantes en la lectura. Fomentar un amor por la lectura a través de la auto selección de libros de interés personal. Para construir comunidad a través de la discusión de nosotros mismos, de las 8 condiciones de WHS, y del mundo.

Justificación: Evitar “el deslizamiento de verano”
Estudios consideran que las vacaciones de verano pueden causar en promedio que el estudiante pierda un mes de instrucción, afectando desproporcionadamente a los estudiantes en desventaja (Cooper 1996).

Cuando leas el libro de tu elección de la Gran Lectura de WHS, piensa acerca de lo siguiente:

Tú: Como te relacionas directamente con los personajes, lugares, conflictos, temas y situaciones?
Como te ves tú mismo en el libro, y como el libro te representa de alguna manera?

8 Condiciones: Como el libro ejemplifica cualquiera de las 8 condiciones de WHS para el Éxito del Estudiante: Pertenencia, Héroes, Sentido de Triunfo, Diversión y Emoción, Curiosidad y Creatividad, Espíritu de Aventura, Liderazgo y Responsabilidad y Seguridad para Tomar Acción?

El Mundo: Como el libro enlaza al mundo al derredor de nosotros: eventos actuales, tendencias populares, política, historia, carreras, medio ambiente, culturas, naturaleza humana?

El único trabajo para el verano es leer para LA Gran Lectura de WHS! Toma notas si te ayudan a seguir tus ideas. Compartirás tus ideas acerca de tu lectura con tus compañeros durante la Conversación de la Gran Lectura de WHS el 26 de agosto 26, 2019.

Necesitas Ideas sobre que leer?
Para libros impresos: Visita la biblioteca de WHS a cualquier hora o la feria del libro de WHS el 30 y 31 de mayo 30 & 31, 2019.
Para acceso gratis a libros electrónicos: visita www.plsinfo.org para una tarjeta gratis y bajar la aplicación “Libby”.

Inscrito en clases de inglés AS o AP? Puedes usar uno de los libros requeridos mencionados abajo o cualquier libro de tu elección para la Gran Lectura de WHS.

AS English I: Born A Crime by Trevor Noah
Short Story Packet (Print from WHS website. Limited copies in WHS guidance & attendance offices.)

AS English II: Never Let Me Go by Kazuo Ishiguro
The Elements of Style by Strunk & White

AP English Language & Composition: The Woman Warrior by Maxine Hong Kingston
Thank You for Arguing by Jay Heinrich

AP English Literature & Composition: Wuthering Heights by Emily Brontë
The Heart is a Lonely Hunter by Carson McCullers
Recommended: All the Light We Cannot See by Anthony Doerr
## Share the Road

Please remember to watch for our students and staff who are biking to and from school. It is especially dangerous when students are being dropped off & picked up. Please help keep our bike riders safe and drive carefully!

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### Advanced Placement Exam Dates 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Subject</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, May 6</td>
<td>Chinese Language, Environmental Science</td>
<td>12:30*-5:00PM, 12:30*-5:00PM</td>
</tr>
<tr>
<td>Tuesday, May 7</td>
<td>Spanish Language</td>
<td>7:45AM-12:25PM (or later)</td>
</tr>
<tr>
<td>Wednesday, May 8</td>
<td>English Literature, European History, French Language</td>
<td>7:45AM-12:25PM (or later), 12:30*-5:00PM, 12:30*-5:00PM</td>
</tr>
<tr>
<td>Thursday, May 9</td>
<td>Spanish Literature</td>
<td>7:45AM-12:25PM (or later)</td>
</tr>
<tr>
<td>Friday, May 10</td>
<td>US History, Computer Science Principles, Art Studio</td>
<td>7:45AM-12:25PM (or later), 1:00-3:10PM, 3:10PM</td>
</tr>
<tr>
<td>Monday, May 13</td>
<td>Biology, Physics C Mechanics</td>
<td>7:45AM-12:25PM (or later), 1:00-3:10PM</td>
</tr>
<tr>
<td>Tuesday, May 14</td>
<td>Calculus AB, Calculus BC</td>
<td>7:45AM-12:25PM (or later), 7:45AM-12:25PM (or later)</td>
</tr>
<tr>
<td>Wednesday, May 15</td>
<td>English Language Composition</td>
<td>7:45AM-12:25PM (or later)</td>
</tr>
<tr>
<td>Thursday, May 16</td>
<td>Statistics</td>
<td>12:30*-5:00PM</td>
</tr>
<tr>
<td>Friday, May 17</td>
<td>Computer Science A, Latin</td>
<td>12:30*-5:00PM, 12:30*-5:00PM</td>
</tr>
</tbody>
</table>

*Students in afternoon tests will be released from their 4th or 5th period class at 12:00 to eat lunch

### Fechas de Exámenes de las Clases Avanzadas 2019

<table>
<thead>
<tr>
<th>Lunes, 6 de mayo</th>
<th>Lengua China, Ciencia del Medio Ambiente</th>
<th>12:30*-5:00PM, 12:30*-5:00PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Martes, 7 de mayo</td>
<td>Lengua Española</td>
<td>7:45AM-12:25PM (o más tarde)</td>
</tr>
<tr>
<td>Miércoles, 8 de mayo</td>
<td>Literatura Inglesa, Historia de Europa, Lengua Francesa</td>
<td>7:45AM-12:25PM (o más tarde), 12:30*-5:00PM, 12:30*-5:00PM</td>
</tr>
<tr>
<td>Jueves, 9 de mayo</td>
<td>Literatura Española</td>
<td>7:45AM-12:25PM (o más tarde)</td>
</tr>
<tr>
<td>Viernes, 10 de mayo</td>
<td>Historia de Estados Unidos, Principios de Ciencia de la Computación, Taller de Arte</td>
<td>7:45AM-12:25PM (o más tarde), 1:00-3:10PM, 3:10PM</td>
</tr>
<tr>
<td>Lunes, 13 de mayo</td>
<td>Biologia, Física C Mecánica</td>
<td>7:45AM-12:25PM (o más tarde), 1:00-3:10PM</td>
</tr>
<tr>
<td>Miércoles, 15 de mayo</td>
<td>Cálculo AB, Cálculo BC</td>
<td>7:45AM-12:25PM (o más tarde), 7:45AM-12:25PM (o más tarde)</td>
</tr>
<tr>
<td>Miércoles, 15 de mayo</td>
<td>Composición en Ingles</td>
<td>7:45AM-12:25PM (o más tarde)</td>
</tr>
<tr>
<td>Jueves, 16 de mayo</td>
<td>Estadística</td>
<td>12:30*-5:00PM</td>
</tr>
<tr>
<td>Viernes, 17 de mayo</td>
<td>Ciencia de la Computación A, Latín</td>
<td>12:30*-5:00PM, 12:30*-5:00PM</td>
</tr>
</tbody>
</table>

*Estudiantes con exámenes después de medio día saldrán de su clase de 4o o 5o periodo a las 12 para que coman su almuerzo.
**WHS Final Examination Schedule, June 2019**
Approved by Department Chairs, October 3, 2018

**June 2019**
*Study Week: May 28-31*

| Monday, May 27 | Tuesday, May 28  
A Day | Wednesday, May 29  
B Day | Thursday, May 30  
A Day | Friday, May 31  
B Day |
|----------------|-----------------|-----------------|-----------------|-----------------|
| Memorial Day  
No School | Regular Bell  
Schedule  
3:10 release | Wednesday Bell  
Schedule  
2:05 Student Release | 12th grade English/Social Science Final Exams  
Regular Bell  
Schedule  
3:10 release | 12th grade English/Social Science Final Exams  
Regular Bell  
Schedule  
3:10 release |

| Monday, June 3 | Tuesday, June 4  
|----------------|-----------------|
| Tutorial 8:00 - 8:50  
1’ 9:00 - 10:50  
brunch 10:50 - 11:10  
2’ 11:20 - 1:10 | Tutorial 8:00 - 8:50  
3’ 9:00 - 10:50  
brunch 10:50 - 11:10  
4’ 11:20 - 1:10 |

| Wednesday, June 5 | Thursday, June 6  
|-----------------|-----------------|
| Tutorial 8:00 - 8:50  
5’ 9:00 - 10:50  
brunch 10:50 - 11:10  
6’ 11:20 - 1:10 | Tutorial 8:00 - 8:50  
7’ 9:00 - 10:50  
brunch 10:50 - 11:10  
0’ 11:20 - 1:10 |

| Friday, June 7 |  
|----------------|-----------------|
|  
Graduation!  
|  

* Seniors with a 7th period will take their Final Examination during study week.

Study Week is the week before final exams each semester. The intent of “Study Week” is to allow students and staff quality time without interruptions to focus on activities that promote review/study necessary for adequate student preparation for finals.

The following things are **prohibited** during Study Week:

1. Fieldtrips
2. Shadowing
3. After school/lunch activities – such as clubs, dances, BOSA, special events.
4. Passes sent to classes to pull out students from class for any reason
5. New student projects that have nothing to do with **final assessment**.
6. NOTE: Athletic games are an exception. Students should not be penalized for missing practice to study.
7. Giving final examinations to students-exception: 12th graders will take **English/Government/Economics finals**

The following kinds of activities are **encouraged**:

1. Homework
2. Activities that encourage preparation for finals including review tests or projects that are used as the semester final assessment.
3. After school tutoring or review sessions.
# Horario de los Exámenes finales de WHS, Junio 2019

Aprobado por los Jefes de Departamento, 3 de Octubre, 2018

## Junio 2019

*Semana de Estudio: 28-31 de mayo*

<table>
<thead>
<tr>
<th>Lunes, 27 de mayo</th>
<th>Martes, 28 de mayo</th>
<th>Miércoles, 29 de mayo</th>
<th>Jueves, 30 de mayo</th>
<th>Viernes, 31 de mayo</th>
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<tbody>
<tr>
<td>Memorial Day</td>
<td>Día A</td>
<td>Día B</td>
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<tr>
<td>No Escuela</td>
<td>Horario regular de</td>
<td>Horario de campana</td>
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<td></td>
<td>campana</td>
<td>de miércoles</td>
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<td></td>
<td>Salida 3:10</td>
<td>Salida de estudiantes</td>
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<td></td>
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<td>2:05</td>
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<table>
<thead>
<tr>
<th>Lunes, 3 de junio</th>
<th>Martes, 4 de junio</th>
<th>Miércoles, 5 de junio</th>
<th>Jueves, 6 de junio</th>
<th>Viernes, 7 de junio</th>
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<tbody>
<tr>
<td>Tutoría 8:00 - 8:50</td>
<td>Tutoría 8:00 - 8:50</td>
<td>Tutoría 8:00 - 8:50</td>
<td>Tutoría 8:00 - 8:50</td>
<td>Graduación!</td>
</tr>
<tr>
<td>1° 9:00 - 10:50</td>
<td>3° 9:00 - 10:50</td>
<td>5° 9:00 - 10:50</td>
<td>7° 9:00 - 10:50</td>
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<td></td>
<td>11:10</td>
<td>1:10</td>
<td>1:10</td>
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</tr>
</tbody>
</table>

* Estudiantes del 12o con 7o periodo toman su examen final durante la Semana de Estudio.

La Semana de Estudio es la semana anterior a los exámenes finales cada semestre. La intención de “la Semana de Estudio” es permitir a los estudiantes y personal tener tiempo de calidad sin interrupciones para enfocarse en actividades que promuevan revisar/ estudio necesario para una adecuada preparación del estudiante para los finales.

Las siguientes cosas están prohibidas durante la Semana de Estudio:

1. Viajes de estudio
2. Visitas guiadas a en la escuela
3. Actividades después de escuela/almuerzo – como clubes, bailes, BOSA, eventos especiales.
4. Por ninguna razón enviar pases a los salones para sacar estudiantes de la clase
5. Nuevos proyectos que no tienen nada que ver con trabajos finales.
6. NOTA: Los juegos de atletismo son una excepción. Los estudiantes no serán penalizados por faltar a la práctica por estudiar.
7. Excepción para dar los exámenes finales: Los del grado 12o tomarán los finales de Inglés/Gobierno/Economía

Se recomiendan las siguientes actividades:

1. Tarea
2. Actividades que ayuden para la preparación para los finales, incluyendo revisar exámenes o proyectos que son usados para evaluación final del semestre.
3. Tutoría después de escuela o sesiones de repaso.
**Getting Ready for Summer**

**INFINITE CAMPUS REGISTRATION & ARENA CHECK-IN**

Students and their parents will be required to log onto Infinite Campus to update information for the 2019-2020 school year. This will be your final opportunity to make class changes to your student’s schedule. The portal will open from 05/01-05/24. After the 24th, changes will not be guaranteed.

Arena Check-In will take place Saturday, August 10th for freshman and Tuesday, August 13th for 10th-12th. Students will receive their fall class schedule and their student body ID card at this time. Please plan to attend on the date and time you are assigned. Look for specific details regarding this important information in the April district mailing.

We will need many parent volunteers to help with the Arena Check-in events. Please contact Lupe Flores Robles: lfrobles@seq.org to volunteer.

**SUMMER SCHOOL**

Guidance counselors are still enrolling students for the second session of summer school held this year at Woodside High Schools.

Hours: Monday-Friday from 8am-1:30pm.
   - First Session: June 17 – July 5
   - Second Session: July 9 - July 26

Information will be mailed to students enrolled into Summer School. Space is limited.

**COMMUNITY COLLEGE SUMMER COURSES**

High school students are eligible to take a variety of courses at the local community colleges through the concurrent enrollment program. Please see your school counselor for more details.

Credit for all summer courses taken outside SUHSD must be pre-approved before you begin the courses.

**SUMMER WORK PERMITS**

Students needing summer work permits should see Ms. Matavulj in room D-9 before the end of the school year. From mid-June through mid-August work permits may be obtained at the SUHSD office, 480 James Ave., RWC. Please call 369-1411 for more information.

**SENIORS**

Your final transcript will automatically be mailed to the college or university indicated on your graduation checkout form. Please make sure you complete your checkout form accurately. We will also send an extra copy home. Please make sure your address on file is correct or see Mrs. Zelaya in guidance before June 7th.

Students that need a transcript for NCAA eligibility must go into guidance and fill out an end of the year release form. Nothing for NCAA can automatically be sent.

**COMMUNITY COLLEGE REGISTRATION**

Students that reported an interest in attending one of our partner community colleges (Canada, CSM or Foothill) went through a lunch time application workshop with the community college representatives. They went on field trips to tour the schools, take placement tests and go through general orientations (Foothill came to Woodside), leaving your student to just attend a counseling appointment and pick classes for the following year.

If you know your student will be attending a community college next year and they did not participate in our

(Continued on page 10)
registration process, please contact Mrs Matavujl or Ms Vasquez in the college and career center ASAP. We still have
time to register.

ARE YOU MOVING OVER THE SUMMER?

If you have recently moved or you are planning to move, please verify your new address at the SUHSD office, 480
James Ave., Redwood City. Failure do so may result in your student being dropped from school for the fall semester.

CLASS OF 2020

Next year’s seniors will receive a letter from their guidance counselor at the end of this year indicating the number of
credits earned and requirements still needed for graduation in June, 2020. Please attend summer school if you are
deficient in credits.

The first day of school next fall is Wednesday, August 14th.

We wish all of our wonderful families an enjoyable summer break and we look
forward to seeing you in August!

CONGRATULATIONS TO OUR SENIORS who will be graduating and to
their parents as well! Your future is bright and promising! Make the most from all you have learned during your four
years of high school. We wish you much happiness and success!!

Preparándose Para el Verano

INSCRIPCION A INFINITE CAMPUS Y PROCESO DE INSCRIPCION (ARENA
CHECK-IN)

Se requerirá que los estudiantes y sus padres actualicen su información entrando a Infinite
Campus para el año escolar 2019-2020. Esta será la última oportunidad para hacer
cambios de clases en el horario de su estudiante. El portal estará abierto del 05/01-05/24.
Después del 24 los cambios no están garantizados.

El Proceso de Inscripción (Arena Check-In) se llevará a cabo el sábado 10 de agosto para
los estudiantes del 9to grado y el 13 de agosto para los del 10-12 grado. Los estudiantes
recibirán su horario de clases para el otoño y su credencial de identificación ese día. Por
favor planeé asistir el día y hora que les fueron asignados. Para detalles específicos acerca
de esta información importante vea la correspondencia que el distrito envía en abril.

Nosotras necesitaremos muchos padres voluntarios para ayudar con los eventos del
Proceso de Inscripción. Para ser voluntario por favor póngase en contacto con Lupe
Flores Robles: lfrobles@seq.org.

ESCUELA DE VERANO

Los consejeros de de la Oficina de Consejería aun están inscribiendo estudiantes
para la segunda sesión de la escuela de verano que será este año en Woodside High
School.

Horas: lunes-viernes de 8am-1:30pm.
Primera Sesión: 17 de junio-5 de julio
Segunda Sesión: 9 de Julio-26 de julio

La información se enviará por correo a los estudiantes inscritos en la Escuela de Verano. El espacio es limitado.
CURSOS DE VERANO EN EL COLEGIO COMUNITARIO

Los estudiantes de high school son elegibles para tomar una variedad de cursos en los colegios comunitarios locales a través del programa de inscripción simultánea. Por favor ver a su consejero para más detalles.

Los créditos para todos los cursos de verano tomados fuera de SUHSD deben ser pre-aprobados antes de que empiecen a tomarlos.

PERMISOS DE TRABAJO DE VERANO

Los estudiantes que necesiten permisos de trabajo para el verano deben ver a la Sra. Matavulj en el salón D-9 antes que termine el año escolar. Los permisos de trabajo de mediados de junio a mediados de agosto deben ser obtenidos en la oficina del SUHSD, 480 James Ave., RWC. Favor de llamar al 369-1411 para más información.

ESTUDIANTES DEL 12o GRADO

Sus boletas de calificaciones finales serán enviadas por correo automáticamente al colegio o Universidad indicada en su formulario de graduación de salida. Por favor asegúrese de que su formulario de salida este correcto. Nosotros también enviamos una copia extra a casa. Por favor asegúrese de que su dirección en el archivo este correcto o vea a la Sra. Zelaya en la oficina de consejería antes del 7 de junio.

Los estudiantes que necesiten una boleta de calificaciones para elegibilidad a NCAA deben ir a la oficina de consejería y completar un formulario de liberación de fin de año. Nada para la NCAA puede ser enviado automáticamente.

INSCRIPCION PARA EL COLEGIO COMUNITARIO

Los estudiantes que mostraron un interés en asistir a uno de nuestros colegios comunitarios asociados (Canada, CSM o Foothill) fueron a un taller de solicitudes con representantes de colegios comunitarios durante el horario del almuerzo. Ellos fueron a viajes para conocer las escuelas, tomar exámenes de colocación y las orientaciones generales (Foothill vino a Woodside), dejando solamente que su estudiante asista a una cita con el consejero y escoja las clases para el siguiente año.

Si usted sabe que su estudiante asistirá a un colegio comunitario el siguiente año y no ha participado en nuestro proceso de inscripción, por favor póngase en contacto con la Sra. Matavulj o Sra. Vásquez en el centro de universidades y carreras ASAP. Aun tenemos tiempo para inscribir.

SE CAMBIARA DURANTE EL VERANO?

Si usted se ha cambiado de domicilio recientemente o está planeando hacerlo, por favor verifique su nueva dirección en la oficina del SUHSD, 480 James Ave., Redwood City. No hacerlo puede resultar en que su estudiante sea dado de baja de la escuela en el semestre del otoño.

CLASE DEL 2020

Los estudiantes del 12o grado del próximo año recibirán una carta de sus consejeros al final de este año indicando el número de créditos que han recibido y los requisitos que aún necesitan para la graduación en junio, 2020. Por favor asiste a la escuela de verano si estas deficiente en créditos.

El primer día de escuela el próximo otoño es el miércoles, 14 de agosto.

Nosotros deseamos a todas nuestras maravillosas familias unas vacaciones agradables de verano y esperamos verlos en agosto!

FELICITACIONES A NUESTROS ESTUDIANTES DEL 12o GRADO quienes se graduarán y sus padres también! Su futuro es brillante y prometedor! Aprovecha al máximo todo lo que has ganado durante tus cuatro años de high school. Nosotros te deseamos mucha felicidad y éxito!!
It’s Never too Soon to Start Preparing for College

Seniors: Thank you so much for all of your hard work. Enjoy the little bit of school left and have a fantastic summer. Happy Graduation, Class of 2019!

Juniors: If you are planning to apply to four year colleges, there are things you can do over the summer to make the start of senior year a lot less stressful.

Naviance
student.naviance.com/woodside
- Use the Find Your Fit quadrant on the Colleges page to do your college research.
- List all colleges you’re considering in the section called Colleges I’m Thinking About

Common App
www.commonapp.org
- The Common App section of Common App can be started now. It will automatically save even when the cycle officially changes on August 1. (The My Colleges section cannot be started until August 1.)
- When you make a Common App account, you MUST indicate that you are applying for 2020-2021.
- The Common App section of Common App requires 1 essay. The prompts are here.

University of California (UC)
http://admission.universityofcalifornia.edu/how-to-apply/apply-online/
- The PIQs (Personal Insight Questions) are likely not going to change from what they were this year. There are 8 questions but only 4 are required. The prompts are here.
  http://admission.universityofcalifornia.edu/how-to-apply/personal-questions/freshman/index.html

Letter of Recommendation
- The LOR survey significantly helps your recommenders write an excellent letter that includes the information you want. The LOR survey is a Google form. It has been sent to your email, and the link is here too. https://goo.gl/forms/Ekq3DKX9wgQGfSCq2

Sophomores and Freshmen: For college, there is nothing more important than your academic classes and their grades. Good luck on your finals and hope you have a great summer!

(Continued from page 2)
Senior Clearance Slip due in Guidance by 1:30 pm
Thursday, June 6
Senior Graduation Practice—Mandatory and
All textbooks due to Library
Friday, June 7
Graduation
10 am, Football Field
Saturday, June 8
ACT Test

Monday, June 17
Summer School Session 1 begins
Compass Program begins
Team Ascent begins
Elevate (ALearn) begins
Summer Math Acceleration begins

Thursday, July 4
Holiday, No School

Friday, July 5
Summer School, Session 1 ends

Tuesday, July 9
Summer School, Session 2 begins

Friday, July 12
Compass Program ends
Team Ascent ends

Friday, July 26
Summer School, Session 2 ends
Elevate (ALearn) ends
Summer Math Acceleration begins

Monday, August 5
Calculus Boot Camp begins

Friday, August 9
Calculus Boot Camp ends

Monday, August 8 & Tuesday, August 9
AS AP Boot Camp
**Nunca es Demasiado Temprano para Empezar a Prepararse para la Universidad**

**Estudiantes del 12° grado**: Muchas gracias por todo su trabajo duro. Disfruten lo poco que queda de escuela y tengan un fantástico verano. Feliz Graduación, Clase 2019!

**Estudiantes del 11° grado**: Si están pensando en aplicar para una Universidad de cuatro años, ahí hay cosas que pueden hacer durante el verano para que el inicio del 12° grado sea menos estresante.

**Naviance**

student.naviance.com/woodside

- Usa el *Find Your Fit* cuadrante en la página de *Colleges* para hacer tu investigación de universidades.
- Haz una lista de las universidades que estés considerando en la sección llamada *Colleges I’m Thinking About*

**Common App**

www.commonapp.org

- La sección del *Common App* del Common App puede empezarse ahora. Se guardará automáticamente aun cuando el ciclo oficial cambie el 1º de agosto. (La sección *My Colleges* no puede ser comenzada hasta el 1º de agosto.)
- Cuando tú creas una cuenta de Common App, DEBES indicar que estas aplicando para el 2020-2021.

**Universidad de California (UC)**

http://admission.universityofcalifornia.edu/how-to-apply/apply-online/

- Las PIQs (Las Preguntas de Visión Personal) es probable que no cambien de las del el año pasado. Hay 8 preguntas pero solo 4 son requeridas. El aviso esta aquí.
- [http://admission.universityofcalifornia.edu/how-to-apply/personal-questions/freshman/index.html](http://admission.universityofcalifornia.edu/how-to-apply/personal-questions/freshman/index.html)

**Carta de Recomendación**

- La encuesta LOR ayuda significativamente, los recomendadores escriben una carta excelente que incluye la información que tú quieras. La encuesta LOR está en una forma de Google. Ha sido enviada a tu correo electrónico, y aquí está el enlace también. [https://goo.gl/forms/Ekq3DKX9wgQGfSCq2](https://goo.gl/forms/Ekq3DKX9wgQGfSCq2)

Estudiantes del 10° y 9° grado. Para la universidad, no es nada más importante que tus materias académicas y tus calificaciones. Buena suerte con los exámenes finales y espero que tengan un gran verano!
The WHS Online Auction includes hundreds of items -- there is something for everyone in every price range, so have fun bidding online while helping Woodside students:

- Reserved graduation seating and parking, or your name on the WHS marquee
- Student and parent parties and activities like wine tastings, bowling or vacation home getaways
- Great tickets to see our local teams like the SF Giants or the Warriors
- A chance to record your own CD in WHS’ professional sound studio
- Fabulous food ranging from fine restaurants to dinner prepared in your home, or the coveted “Dessert for a Year” from the Woodside faculty
- Special passes to Bay area attractions like the Exploratorium, Pier 39, or the Legion of Honor/deYoung museum

Support our students by bidding on college prep/counseling or driving lessons for the kids, a spa or hair salon service for yourself, or even car detailing and repair.

Play the First Bidder Frenzy: every first bid will be put in a drawing where a winner will be pulled from a “hat”. The more items you put the first bid on, the better your chances of winning a fabulous tech gadget!

The WHS Online Auction is open to everyone — invite your friends and family to take a peak. This is a very important way the WHS Foundation raises funds to support the programs that affect all WHS students:

- **Class Size Reduction** in core subjects like English, math and science, as well as AS & AP sections, which affects over 75 classrooms.

- **Expanded Elective Offerings** including additional sections of Digital Music and Production, Nutrition and Culinary Arts, Hospitality Management, and Latin.

- **Academic Support** for every student through DEN after-school homework/tutoring, summer programs, AP test support and coordination, field trips, and college visits.

- **College and Career Counseling**: An additional counselor is funded through your donations.

- **Teacher Grants**: Teacher-initiated mini-grants to make sure that what the teachers need in their classrooms gets into the hands of WHS students.

So go ahead and shop the WHS Online Auction (https://www.whsfoundation.org/auction.html) to raise funds that close the gap between public funding and the cost of a high quality education for our kids!
La Subasta en Línea de WHS incluye cientos de artículos; hay algo para todos en cada rango de precios, así que diviértase haciendo una oferta en línea mientras ayuda a los estudiantes de Woodside:

- Asientos y estacionamiento de graduación reservados, o su nombre en la marquesina de WHS
- Fiestas de estudiantes y padres, y actividades como catas de vino, bolos o escapadas de vacaciones en casa.
- Grandes boletos para ver a nuestros equipos locales como los Giants de San Francisco o los Warriors.
- La oportunidad de grabar su propio CD en el estudio de sonido profesional de WHS.
- Comida fabulosa que abarca desde excelentes restaurantes hasta cenas preparadas en su hogar, o el codiciado "Postre por un año" de la facultad de Woodside.
- Pases especiales para las atracciones del área de la Bahía, como el Exploratorium, Pier 39 o la Legión de Honor / Museo de Young

Apoye a nuestros estudiantes haciendo una oferta para la preparación / asesoría universitaria o lecciones de manejo para los niños, un servicio de spa o peluquería para usted mismo o incluso detalles y reparaciones de automóviles.

Juegue al Frenzy del primer licitador: cada primera oferta se pondrá en un sorteo en el que se sacará al ganador de un "sombrero". Cuantos más artículos pone en la primera oferta, más posibilidades tendrá de ganar un fabuloso aparato tecnológico.

La subasta en línea de WHS está abierta a todos: invite a sus amigos y familiares a tomar un pico. Esta es una forma muy importante en la que la Fundación WHS recauda fondos para apoyar los programas que afectan a todos los estudiantes de WHS:

- Reducción del tamaño de la clase en materias básicas como inglés, matemáticas y ciencias, así como en las secciones de AS y AP, que afectan a más de 75 aulas.
- Ofertas electivas ampliadas que incluyen secciones adicionales de Música y Producción Digital, Nutrición y Artes Culinarias, Administración de Hostelería, la clase de latín
- Apoyo académico para cada estudiante a través del programa DEN con la tarea / tutoría después de la escuela, programas de verano, apoyo y coordinación de exámenes AP, excursiones y visitas a universidades.
- Consejería universitaria y profesional: un consejero adicional se financia a través de sus donaciones.
- Becas para maestros: mini becas iniciadas por maestros para asegurarse de que lo que los maestros necesitan en sus salones de clase llegue a las manos de los estudiantes de WHS.

¡Así que vaya y compre la Subasta en Línea de WHS (https://www.whsfoundation.org/auction.html) para aumentar los fondos que cierran la brecha entre la financiación pública y el costo de una educación de alta calidad para nuestros niños!
**Music Boosters**

We would like to send a giant “Thank-You” to all the families who supported WHS music programs and the Music Boosters Organization this year. With your help, the Music Boosters were able to provide financial support for instruments and equipment, uniforms, and musicians’ travel to performances. Students enjoyed many performance opportunities and an exciting Spring Tour to Southern California.

The school year is coming to a close but we still have several exciting opportunities to hear and support our Woodside musicians:

- Thursday May 16th is our Spring Concert and all WHS music groups will perform
- Friday May 24th is our Music Department Potluck and Awards night which includes all our fabulous music groups
- Wednesday June 5th we will be presenting awards to our graduating Senior musicians

Your support is vital to make sure that all our musicians are able to participate fully and to grow both personally and musically. The Music Boosters encourage, promote and support the activities of WHS music programs for the benefit of all music students, but we can’t do it without your help. If you haven’t had a chance to donate yet, please go to our website at [www.woodsidemusic.org](http://www.woodsidemusic.org) The WHS Music Boosters Organization is a 501(c)(3) nonprofit organization recognized by the IRS which means your donations will be tax deductible.

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**Musica Boosters**

Nos gustaría enviar un gran "gracias" a todas las familias que apoyan los programas de música de WHS y a la organización Music Boosters este año. Con su ayuda, los Music Boosters pudieron brindar apoyo financiero para instrumentos y equipos, uniformes y viajes de músicos a espectáculos. Los estudiantes disfrutaron de muchas oportunidades de desempeño y de un genial Tour de Primavera al Sur de California.

El año escolar está llegando a su fin, pero todavía tenemos varias oportunidades interesantes para escuchar y apoyar a nuestros músicos de Woodside:

- El jueves 16 de mayo es nuestro Concierto de Primavera y todos los grupos de música de WHS tocarán
- El viernes 24 de mayo es la noche del Potluck and Awards del Departamento de Música que incluye a todos nuestros fabulosos grupos de música.
- El miércoles 5 de junio estaremos entregando premios a nuestros graduados Senior músicos.

Este apoyo es vital para garantizar que todos nuestros músicos puedan participar plenamente y crecer tanto personal como musicalmente. Los Music Boosters alentar, promover y apoyar las actividades de los programas de música de WHS para el beneficio de todos los estudiantes de música, pero no podemos hacerlo sin su ayuda, Si aún no ha tenido la oportunidad de donar, visite nuestro sitio web en [www.woodsidemusic.org](http://www.woodsidemusic.org). La organización WHS Music Boosters es una organización sin ánimo de lucro reconocida por el 501 (c) (3) del IRS y sus donaciones serán deducibles de impuestos.
Drama Boosters—A Year in Review

What a great year this has been for the Drama Department at Woodside High School! Here are the highlights that we take away:

In October, we were thoroughly entertained by our talented group of singers, musicians, dancers, magicians, and more at our annual Woodside’s Got Talent show.

Congratulations again to our winners that evening: 1st - Michael Sacco (vocal), 2nd - Shari Dickman (piano), and 3rd - Sebastian Bustamante (dance).

The following month, we were treated to a wonderful production of “Choices”, a compilation of several inspiring plays. Congratulations to the production crew and actors who came together to bring these stories to life and present such a fun “Evening of Theater” to our community!

In March, the spring musical company for "Mamma Mia!” performed for 5 sold out audiences who were entertained from beginning to end! Thank you to all who came to support our very talented cast of 49 student performers, 7 student musicians, and 17 student stage crew members, as well as our director Barry Woodruff and the entire production team!

On Tuesday, May 21st, at 7:00pm in the Performing Arts Center we will be treated to the all student produced, staged, costumed, and performed production. They will be presenting 2 one-act original plays written by our own students! This is your last opportunity of the year to see these talented kids in action!

Finally, Drama Boosters now has car magnets!! Members be sure to pick yours up at the next meeting or contact Michelle at mayoob@sbcglobal.net to request one!

Athletics Corner

As my first year as Athletic Director at Woodside High School keeps moving along, I would first like to share some important information and dates regarding our summer programs and fall athletic registration dates. First off, fall sports registration has been open since May 1st. For students and families who have not yet registered, in order for a student athlete to be eligible to compete in a fall sport, they must have a completed physical and SportsNet registration. Registration instructions can be found on our ‘WHS Athletics’ website. Our list of fall sports offered are Football, Girls Tennis, Boys and Girls Water Polo, Girls Volleyball, and Cross Country. Cheer and Dance also start in the fall but are year-long sports. In addition, many of our sports run summer open camps. Summer football workouts will run Monday-Thursday the weeks of June 10, 17, 24, and July 8, 15, 22. Please check our ‘WHS Athletic Website’ for specific athletic program information. Lastly in regards to summer and fall dates, please mark your calendars for the Athletic BBQ Kickoff on the center quad/MUR on Thursday, Aug 8, at 5:30 pm. This is our annual “Kickoff” athletic event where you will have a chance to meet our WHS coaches and other Woodside athletes and families. I will send more detailed information out to all our families during the summer. It is important that you register on SportsNet in order to receive my email correspondence.

I would now like to take some time to highlight our Winter sports season successes and achievements. First off, our girls basketball program had tremendous success with the varsity beating Oak Grove HS in the first round of the CCS playoffs and the JV finishing with a 22-2 overall record. The boys basketball program saw the frosh, JV, and
varsity programs all compete hard throughout the season. The future seems bright for all three programs moving into next year. Out on the soccer field, the girl’s program finished strong with a very successful JV and varsity season. The varsity girl’s team qualified for and won their first round CCS game vs Saratoga 1-0 but came up short vs SH Cathedral in the CCS semi-finals. The boys soccer programs also competed hard all season in the tough PAL Bay Division and showed much improvement as the season progressed. Wrestling also had a successful season for both the boys and girls with three of the WHS girls qualifying for the CCS meet at Independence HS in San Jose. Finally, the Winter Sports Awards Night was held on Tuesday, February 26 in the New Gym. This gave us a chance for the winter sports athletes, coaches, and families to celebrate a Sense of Accomplishment from the season. I would like to thank ALL the winter sports coaches, strength and conditioning coach Dan Peterson, and athletes for all their hard work this winter.

Moving to our current state of WHS Athletics, our Spring sports are in full swing. I would like to welcome and offer thanks to our three new WHS spring head coaches, Chris Pedrin, track, Ryan Sage, boys lacrosse, and Dan Rogers, baseball. We have been lucky enough to have all our other spring coaches return for the 2019 spring season. On the field, track has had a highly successful season thus far under first year head coach Chris Pedrin. We have hosted three home meets and are looking forward to the PAL and CCS meets. Both softball and baseball are right in the playoff mix and are looking to qualify for the CCS tournaments in mid May. Swimming has hosted a total of four home meets and has just concluded the PAL meet. Please follow our swimmers as they try and qualify for the CCS meet held on Saturday, May 4. Both girls and boys lacrosse have also had successful seasons up to this point and are looking to qualify for the playoffs. The boys tennis team has been competing hard in the PAL Bay division and are looking to finish the season strong. Badminton has played a total of 17 matches and hosted the PAL Ocean Division Tournament on April 29th and 30th. Golf has been competing in matches all spring and just concluded the PAL tournament. As with swimming, please follow our golfers as they try and qualify for the CCS Regional at Laguna Seca on May 7th. I also want to discuss the fantastic seasons for both our dance and cheer teams. The dance team concluded their season at the spring sports rally and held tryouts for the 2019-2020 team back on March 26th and 27th. We have enjoyed all the dance performances at our football and basketball games as well as all the lunchtime rally’s and school assemblies. They will be hosting their annual dance show on Saturday, May 11 in the PAC. The cheer team has also had a tremendous season which started back in August. They have cheered at both the football and basketball games, as well as the spirit rallies and school assemblies. They had their annual “Mini cat” fundraiser at our home basketball game on January 18th and their competition team had zero deductions and finished 7th at Nationals in Anaheim, California on February 22nd. Cheer has clocked more than 170 hours of practice and 40 hours at games. As with the winter season, I would like to thank ALL the spring coaches, athletes, and families for their hard work and support. We will celebrate this Sense of Accomplishment at the Spring Sports Awards Night on Wednesday, May 15 at 7:00pm.

Lastly, I would like to discuss our WHS Unified Basketball Team. WHS has collaborated with Unified Sports to once again form a team made up of students in general education and students receiving special services. This is our second year having a Unified Basketball Team here at Woodside and the success of this program is immeasurable. The 2019 WHS Unified Basketball program highlights include playing both home and away games vs Sequoia and Hillsdale, participating in a Unified basketball sports clinic at the Warrior’s training facility in Walnut Creek on March 13, and playing a scrimmage game vs Liberty High School at Oracle Arena during pregame of the Golden State Warriors vs Detroit Pistons game on Sunday, March 24. I would like to extend my deepest thanks and appreciation to all the WHS Unified athletes, Activities Director Leslie With, JV girls basketball coach Jason Llantero, and Boys Varsity Basketball coach Eli Thornton for their help to make this program so meaningful and successful. It’s an experience that we will never forget. Thanks again to all the WHS athletes, coaches, and families for all your support this year. We are looking forward to a highly successful 2019 fall season.

(Continued on page 19)
A hearty THANK YOU to all the families who support the Athletic Boosters Organization and Athletics at Woodside.

Here at Woodside High School we have 55 different athletic teams participating in 21 Sports! The teams and student athletes need support from parents, family and our community in order to be part of the excellent athletic program we strive for here at WHS. The ABO assists teams with fundraising, helping pay for fees, Uniforms/Equipment, a dedicated Strength and Conditioning for all athletes, and JV and Assistant Coach stipends.

Senior Student/Athletes! Please apply now for the 4 ABO scholarships we offer!! There are two $2,000 scholarships and two $1000 scholarships. Applications are due May 3rd and are available on the ABO website at https://woodsideathletics.membershiptoolkit.com/scholarships

Now that tax season is over, DONATE NOW at http://woodsideathletics.org to support your Student Athletes and provide for a stronger athletic program at Woodside!! Don’t forget to check if your company does Corporate Matching. Donations to a 501(c)(3) organization are completely tax deductible.

Good Luck to all our Teams and Athletes in the Spring PAL League competitions and CCS championships. Many of our teams got late starts due to all the rain, but go on out and cheer them on!

…..And don’t forget to purchase your WHS Spirit Wear online at the ABO website, www.woodsideathletics.org.

Get involved, support YOUR athletes, and let’s finish out another great year!

Go Wildcats!

Hilary Klopp and Michelle Bellomo
ABO Co-Presidents

The ABO is a volunteer-based organization and we are always looking for help! There are a number of ways to become involved. Like to have fun and impact WHS Spirit with Spirit Wear sales? Then we need your help and inspiration! How about helping out with Sponsorships? Please let us know by signing up on our website at www.woodsideathletics.org or by emailing us directly at woodsideabo@gmail.com.

Financial Summary, Update 2019 (Unaudited)

Detailed highlights of funding and ABO Grants per sport can be found at the ABO website at www.woodsideathletics.org
ABO Financial Report
Winter/Spring 2019

Year to Date Highlights:

The ABO’s Directed Donation system to support sports programs is now in its 3rd year, and working well. Families continue to donate to their athletes’ sports directly, and these earmarked funds go directly to the specified program.

Some sports have also chose to utilize crowdfunding campaigns to supplement parent donations. The E-Team Sponsorship (eTS) tool allows athletes to reach out to their extended friends and family networks. This tool is typically used by programs that need a specific (usually expensive) piece of equipment, or other item that is not part of the program’s typical seasonal operating expenses. For example, new net stands/antennae for Volleyball, or the vault jump-pit purchased last year by Track.

Football raised over $38k in total this year. This includes the $25k donated by 18 families who participated in the Touchdown Club (and gave $500 or more) and almost $6k raised via an eTS campaign. $10k was used for Speedflex helmets, and $7k for a new end zone camera to provide even better teaching video when combined with the HUDL software license (used by many of our teams and paid for by the ABO).

This spring, Track Families pitched in and purchased all new poles for vaulting. The perfect accompaniment to the new jump pit!

The following table gives Total Funds Raised, by sport program. Total includes Directed Donations from parents in response to the “Coach’s Ask”, proceeds from an eTS campaign if the sport ran one, and ABO GRANTs awarded to the sport.

Dance and Cheer begin their year-long seasons in the Spring and as of this writing had not yet commenced their fundraising processes.

ABO Grants are made in response to a proposal either by a coach or from the Athletic Department. Many sports raised enough money to cover their expenses and hence did not need to request a GRANT.

This year to date the ABO has also provided $36k in GRANT funding to the Athletic Department, with an additional $8k still to come. These GRANTs are funded by money the ABO raises itself by selling Spirit wear, sponsorships, Crab Feed fundraiser, and donations made directly to the ABO. A huge GRANT was $28k to pay for coaching stipends, which covered the Strength and Conditioning coach for the year, and four assistant coach (season) stipends. Also included was a $2.5k Discretionary Fund for the Athletic director to use, and $4k in Strength and Conditioning gear.

So far this year the ABO, in partnership with our Woodside parents and community, have delivered over $175k to our athletic department and sports programs!

Thanks again to all for your generous support of Athletics at Woodside High School.

GO ‘CATS!!!

Adrian Smith, Treasurer
### Year to Date Summary Table
(Totals are as of 21 March 2019)

<table>
<thead>
<tr>
<th></th>
<th>Total Funds</th>
<th>ABO Grant</th>
<th>eTS Funding</th>
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<tr>
<td><strong>Spring19</strong></td>
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<td>Baseball</td>
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<td>LaX-G</td>
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<td>Dance</td>
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<td>Cheer</td>
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<td><strong>Fall18</strong></td>
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WHAT COMES TO MIND

for you when you hear the phrase “family conflict?” Do you think of words like friction, strife, hostility, frustration, falling-out, and shouting? These are all possibilities, but these approaches to managing disagreements within a family make finding resolutions very challenging. Developing a better understanding about individual family members’ needs and how to manage disagreements when they arise are important goals in managing family conflict.

Something to remember is that all families experience conflict at some point in time. It is expected that, as unique individuals with our own thoughts, beliefs, values and ideas, we won’t always be on the same page as other family members. The most upsetting conflicts that we experience tend to be with family members, as they are the people we are closest to and in whom we have the greatest emotional investment. When we find ourselves in disagreement with our parent, child, sibling, or extended family relative, it can catch us off-guard, as we have an expectation that they understand us and our needs. Again, experiencing occasional conflict is a typical part of being in a family. The trick is to figure out how to manage these situations, as prolonged conflict is both stressful and damaging to the relationships that are significant to us.

Common Causes of Family Conflict

Differences in our beliefs, values and ideas compared to other family members can be a source of conflict. For example, parents and their teenage children may have very different ideas about socializing with friends and curfews. From the parent’s perspective, a curfew helps them ensure the safety of their child, but the teenager may only see that they want to stay out later and continue to have fun with their friends. Such a situation can lead to arguments with both parties feeling the other is being unreasonable. In this situation, both parties are reacting to different needs, and I will come back to identifying underlying needs of individuals in conflict later.

Other sources of family conflict may include the process of a child becoming an adult, parental difficulties such as separation or divorce, long commutes to work, loss of employment, rivalry between siblings, different styles of parental discipline, health conditions, parental or teen substance use, and moving to a new home. One or more of these challenges may be familiar to you, and you might be experiencing a conflict in your family that is based on a different situation. The overall impact will likely be the same, in that the situation is stressful and it’s hard to figure out what to do. It might be helpful at this point to address the idea of underlying needs, and how when these underlying needs are not met, conflict can result.

What are underlying needs?

Simply put, underlying needs are the basic human needs that are important for our physical, emotional, intellectual, and social well-being. More specifically, the fulfillment of our needs for sustenance (food, water, shelter); emotional and physical safety; to feel loved and supported; to be understood and respected; to have a sense of belonging, connection and acceptance; to experience the rights of choice and freedom; and to have a sense of purpose and meaning in life. If we consider the relevance of these underlying needs to the conflict we are experiencing, it can open a door to understanding the conflict at a deeper level and aid in identifying a path toward resolution.
If we think of the example of the parent and their teenager who are having a disagreement regarding socializing, we can identify the underlying needs of both the parent and their child. For the parent, their underlying need might be to ensure the safety of, and to maintain a sense of connection with, their child. For the teenager, their underlying need may be to have a sense of autonomy and to engage in activities that support their self-expression (for example, dancing). At this point, with the identification of underlying needs, creative solutions can be found. So, how do we find creative solutions? Thankfully, a number of possibilities exist, but this process can take practice, and patience. So, let’s review some strategies that have been shown to support finding resolutions to the conflicts that can arise.

**Finding resolutions**

First, consider both these situations, and decide which person you would find easier to talk with. Person 1 is sitting back in their chair with their arms folded across their chest, has a scowl on their face, is looking directly at you, and is talking in very loud voice. Person 2 is sitting upright in their chair, arms resting at their side with hands in their lap, has a relaxed facial expression, is looking directly at you, and speaks with a calm and gentle tone. Who would you pick? The message here is that most of our communication is non-verbal, and in trying to resolve conflicts, it is important to **pay attention to both our own and others’ non-verbal cues.**

Second, how do you communicate? Do you utilize a “we’ll do it my way” approach? Perhaps a “we’ll do it your way approach”? Alternatives may include **finding a middle ground,** where partial satisfaction is agreeable to both, or a **collaborative approach** can be used where issues are discussed, a range of solutions discovered, and a solution is selected that fulfills the needs of everyone.

Third, it is important to find ways to **manage our emotions when in conflict.** When we find ourselves in a disagreement, we can begin to feel angry with the person, instead of the situation, and this may escalate the conflict. We may also be too angry to listen to the other person, and misunderstand what they are saying. It may be that being silent or walking away until we have cooled off is the best strategy we can use, until we feel calm enough to share our perspective.

**Using active listening skills** to better understand the situation can be very helpful in finding that resolution. Active listening involves showing interest and asking questions for more information, clarifying what we think we understand, checking that we understand what the other person is feeling, summarizing the situation, and validating the thoughts and feelings of the other person (this does not necessarily mean agreeing with their perspective, but having a better understanding of their position). Ultimately this is teamwork, and supports being able to find a solution together.

Another helpful way to manage disagreements and resolve conflicts is to use the **Perspective Triangle Strategy.** The approach is simple and uses three steps: i) consider your own perspective, and reflect on why you are feeling upset about the situation; ii) consider the perspective of the other person, essentially, put yourself in the other person’s shoes, and reflect on why they are feeling upset; and iii) imagine you are a spectator of the conflict, and what do you see in your own behavior and perspective? Do you notice differences in your opinion by being in the other person’s shoes or by being a spectator? This strategy can be helpful in providing insights into the conflict, and illuminating in discovering a resolution.

Finding peace in our existence within our family, provides a sense of security and well-being with those we hold dear. When conflict arises, it threatens that sense of security. It is unfortunate that we can’t necessarily control when difficulties with our family will arise, but we can arm ourselves with skills that help us find resolutions and restore peace.

**Resources and helpful websites:**

https://www.psychologytoday.com/us/blog/turning-point/201506/3-steps-resolving-conflict-within-your-family
https://www.verywellmind.com/family
https://au.reachout.com/articles/conflict
https://www.beyondintractability.org/coreknowledge/family-conflict
http://www.goodchoicegoodlife.org/choices-for-better-parenting/managing-family-conflict/
https://curiosity.com/topics/strong-sibling-relationships-can-counteract-family-conflict-curiosity/
http://www.schooltools.info/?gclid=EAIaIQobChMI0ZyH88Ds3g1Vnfg_jBx1PHgAzEAMYAyAAEGKfwfDBwE

**May/June 2019 Communicat**

23
Graduation

Graduation is just around the corner. Here are a few important reminders to make this important celebration go smoothly.

May 21…Cap and gowns for graduation will be distributed out of D7 during lunch. All students will be wearing orange gowns. Students are not allowed to decorate their caps.

May 28 …Last day to serve detention. Students cannot participate in the graduation ceremony if they have fines or detentions.

May 31 ...Last day to complete Cyber High/APEX as well as last day to turn in community service hours

June 5 … Clearance forms will be distributed to seniors in their Econ/Govt class the week of May 20. Seniors are required to turn in their clearance forms to guidance by 1:30 pm on this date. In order for a senior to be cleared, he/she will need all of the appropriate signatures as well as not have fines or be on the No Privileges list. Students who do not turn in their clearance forms will not be allowed to participate in the ceremony.

June 6 … Graduation rehearsal will begin promptly at 8:30 am and is a MANDATORY practice for all seniors who wish to participate in the commencement ceremony. Please be in your assigned seat; seating charts will be posted at the back of the press box and on the tables on the field. Students will go through the full graduation practice. It is recommended to wear sunscreen and a hat if needed. Students who do not attend the full graduation practice will not be allowed to participate in the commencement ceremony—NO EXCEPTIONS!

June 6 … SENIOR SOCIAL-immediately following graduation rehearsal. The Class of 2022 will host this event on the field near the concessions area, providing food and beverages for the seniors. This event is a nice time to sign yearbooks and say some final goodbyes.

June 6 … PARTICIPATION REHERSAL- 12:00 pm. All students who are participating in the graduation ceremony (speakers, name readers, and class officers) are to attend a MANDATORY rehearsal. This rehearsal will begin at 12:00 pm and last until everyone has completed rehearsing their appropriate part in the graduation ceremony.

June 7 … GRADUATION is at 10 am on the football field. Graduates must be in assigned rooms by 9am.

Graduation is an important celebration for students as well as their families. The ceremony is very important and Woodside would like everyone to enjoy this memorable day. To keep this day special, we ask that people do not bring air horns or noise makers. It is also suggested that people do not bring large balloon bouquets that can block someone else’s view of the ceremony. Parking will be limited. Families and guests are encouraged to car pool. Guests will be sitting on both sides of Bradley Field (home and visitor stands). Families are to make plans to meet up with their graduate in front of the I wing. Please remember that graduation gowns must be returned in order to get the diploma immediately following the graduation ceremony. For further information make sure to check out the Woodside High School website.

Yearbook

Yearbooks will arrive and be distributed to students at the end of May. Yearbook distribution is scheduled for Wednesday, May 22 after school for students who pre-ordered a yearbook. Limited supplies of 2019 yearbooks are still available to purchase for $100. Pre-orders will end on May 3, 2019. Any remaining yearbooks will be sold for $100 starting May 23 after-school. Please note that there are only a LIMITED number of yearbooks available. Last year the yearbook sold out.

Let Us Hear from You

Woodside’s PTSA publishes the Communicat to keep the parents informed regarding upcoming events, opportunities to be involved and to hear directly from school administrators. If you have any suggestions, comments, or items to include in the next Communicat, contact the editor at whscommunicat@hotmail.com.
Woodside Robotics hosts CalGames, survives build season and tough competition

It’s been a wild couple of months for Woodside Team 100 Wildhats robotics. We started the year hosting CalGames in October. We had a pretty good run, even though the elevator chain on the robot snapped, carrying our alliance all the way to the Semi-finals, where we lost to the alliance that included our sister team, 199 from Carlmont. Still, we had lots of fun and received many compliments for hosting.

Between CalGames and Build Season, we continued training and did outreach at Save the Music festival in Belmont, where we answered questions and allowed kids to drive the robot. Redwood City Council members Shelly Masur and Diane Howard and SUHSD Trustee Alan Sarver stopped by, as did many others interested in our 100+ pound robot. Then it was soon time for Build Season.

Build Season is the 6 weeks we get to build a fully functional robot entirely from scratch - this year, we built two, one for practice, and one for competition. From the first day (1/6/19) when we found out this year’s game: DESTINATION: Deep Space, we set to work designing. Prototypes were built within a week, and by “stop-build” day on February 19th, our competition bot was built, somewhat programmed, and in its bag waiting for competitions.

After a month of programming and practicing, we headed to San Francisco for our first regional. We soon ran into a load of problems both software and mechanical, but we still got picked for the elimination round, losing to the eventual winners in the quarterfinals. The best surprise of the weekend was our successful nomination of Alexander Beaver as a finalist to the “Dean’s List”. This award means Alex will travel to Championships in Houston for another round of interviews as well as lunch with finalists from around the world and Dean Kamen himself. We are thrilled to send our teammate as a shining example of the best FIRST values and we wish him luck!

On March 21st, we went slightly farther north, to Davis for our second and final regional. The team fixed the robot’s problems and fielded a well-performing machine that demonstrated a stunning “Dukes of Hazzard” jump in the final seconds of the quarterfinals. Although again we lost to the eventual winners in the quarterfinals, we will be showing off our robot at Redwood City’s STEAM Fest on April 27th and at Maker Faire May 18 -19. Then we send off our seniors, including our captain, with appreciation and we’ll be looking for new recruits come August! Go Wildhats!

School Credit for Community Service

Students who have already submitted community service applications for the current semester must turn in their supervisor’s reports and hours to AVP Porter’s office no later than the last day of Study Week. No reports/hours will be accepted after Friday, May 31.

Students who wish to earn community service over the summer, need to complete a separate application. Applications packets are available in the AVP office or on the WHS website. All applications must be submitted to Ms. Zelaya in the AVP office prior to June 28. Remember that in order to receive school credit, applications for summer must be completed and submitted prior to starting the community service. Summer community service hours and supervisor’s reports will be due the first week of the 2019-20 school year.
Important dates 2019-20/Fechas importantes 2019-20

First day of classes for Wildcats is Wednesday, August 14!
Primer día de clases para los Wildcats es Miércoles, Agosto 14!

Friday, August 9/Miércoles, Agosto 9:
First day of practice for fall sports (Note: Athletic clearance packets must be submitted to the AVP office and cleared prior to a student participating in practice.) Primer día de práctica para los deportes de otoño. (Nota: los paquetes atléticos tienen que ser entregados a la oficina del AVP y ser aprobados antes de que un estudiante pueda participar en práctica)

Thursday, August 8/Jueves, Agosto 8:
5:30 PM - Athletic Kick-Off Main Quad - Booster Barbecue and an opportunity to meet coaches for all sports. Reunión para que tenga oportunidad de conocer a los entrenadores de todos los deportes.
7:00 PM Freshman and New Parent Orientation Night in the Performing Arts Center. Reunión para todos los padres de estudiantes nuevos en el Salón de Artes Escénicas (PAC)

Saturday, August 10/Sábado, Agosto 10:
Arena Check-In for 9th grade students in the H-wing and new gym. Arrival times listed according to last name below/Arena Check-In para estudiantes del 9º grado en el pasillo H y el gimnasio. Horarios de llegada indicados según Apellido:
A-D 9:00am-9:45am
E-K 9:45am-10:30am
L-Q 10:30am-11:15am
R-Z 11:15am-12:00pm

Tuesday, August 13/Martes, Agosto 13:
Arena Check-In for all other grades in the H-wing and new gym/Arena Check-In para todos los otros grados en el pasillo H y el gimnasio.
Grade 12 9:00am-10:30am *9-9:30 A-F/ 9:30-10:00 G-P/10:00-10:30 Q-Z
Grade 11 10:30am-12:00pm *10:30-11:00 A-F/ 11:00-11:30 G-P/11:30-12:00 Q-Z
Grade 10 4:00pm-6:00pm *4-4:30 A-D/ 4:30-5 E-K /5-5:30 L-Q/5:30-6:00 R-Z