This Athlete of the Week is Luke Buddie. Luke is a member of the WHS varsity basketball team. Luke plays basketball because he has been playing his whole life and finds a lot of enjoyment playing with his friends and teammates. In addition, Luke says, “It is a great way to make long term friends when starting off at Woodside.” Luke enjoys basketball because of the team comradery and the motivation and dedication you need to play well. For this season, Luke hopes he and his teammates can make the playoffs and beat Sequoia. Luke balances school and basketball by completing all his work and assignments on time. Of the “8 Conditions,” Luke resonates most with Fun & Excitement because he says, “Playing in front of the crowd in a close game is both exciting and motivating for us to win the game for our school.”