



ATHLETE *of the* WEEK



March 13, 2023

Julian Hull



The Athlete of the Week is Julian Hull. Julian is sophomore member of the WHS Swim team. Julian started swimming because his father was a swimmer. He enjoys swimming because of his teammates and the exercise. In the future, Julian wants to attend college and have a fulfilling career. For this season, Julian hopes to swim a 25 second 50 Freestyle. Julian balances school and swimming by completing all his work and assignments around practice and meets. Of the “8 Conditions,” as it applies to swimming, Julian resonates most with **Belonging**. Coach Stephanie Couch says, “Sophomore Julian Hull swims on the faster side of the pool trying hard each day to get stronger in the water. Julian’s specialty is in both butterfly and freestyle. He has really stepped it up this year and improved a ton!”

Woodside Athletic Department
Study hard, practice hard, play hard!