

## ATHLETE of the WEEK



**April 18, 2022** 

Dana Reed







The Athlete of the Week is Dana Reed. Dana is a freshman on the WHS swim team. Dana decided to swim because she has always enjoyed swimming and she loves the WHS swim team and her teammates. The cheering and the fun team spirit is what brings Dana the most joy from WHS swimming. In the future, Dana wants to race on varsity and qualify for CCS. In order to balance school and swim, Dana uses her tutorial time wisely and tries to get as much work done as possible. Of the "8 Conditions," Dana resonates most with **Belonging** because the WHS swim team is inclusive and welcoming to all students and with **Spirit of Adventure** because she decided to try something new in her freshman year of high school.

## **Woodside Athletic Department**

Study hard, practice hard, play hard!