



# ATHLETE *of the* WEEK



**April 3, 2023**

*Miles Wilson*



The Athlete of the Week is Miles Wilson. Miles is a senior goalie on the WHS boys Varsity Lacrosse team. Miles started playing lacrosse because his older brother played. Miles enjoys lacrosse because he likes playing games with all his friends on the team. For this season, Miles hopes the team makes it to the CCS playoffs. In the future, Miles hopes to continue playing at the college level. Miles balances school and lacrosse by completing all his work and assignments around practices and games. Of the “8 Conditions,” as it applies to lacrosse, Miles resonates most with **Sense of Accomplishment**. Coach Michael Nienkerk says about Miles, “He is an incredible leader who stays calm under pressure and knows how to talk to and motivate his teammates. He is also the best goalie in the league.”

**Woodside Athletic Department**  
*Study hard, practice hard, play hard!*