



# ATHLETE *of the* WEEK



**May 16, 2022**

*Nicky Hart*



The Athlete of the Week is Nicholas Hart. Nicky is a senior member of the WHS varsity Track and Field team. Nicky runs the 100m, 4x100m, and the 110m hurdles. Nicky runs track because he loves the competition and the grind of practicing to get better. Nicky enjoys running track because of the family atmosphere of the team. Nicky says, “As part of the track and field team, we are always cheering on our teammates while they are racing and competing to win.” After high school in the fall, Nicky will be majoring in Business at the University of Arizona. Nicky balances school and track by staying organized with his homework and making sure it is all done and turned in on time. Of the “8 Conditions,” Nicky resonates most with **Fun & Excitement** because he says, “Getting to train and preparing for the CCS track meet was the best part of the year because CCS is the most exciting part of the year.”

**Woodside Athletic Department**

*Study hard, practice hard, play hard!*