



ATHLETE *of the* WEEK



May 2, 2022

Ava Brooks



The Athlete of the Week is Ava Brooks. Ava is a sophomore member of the WHS varsity track team. She runs the 100m, 200m, and the 4x100m races. Ava runs track because she has always been fast and she loves the racing competition. Ava enjoys the WHS track team community and loves being able to cheer on her teammates when they are racing. In the future, Ava hopes to keep improving her event times and wants to make the CCS championship meet. Ava balances school and track by staying organized in order to turn her work in on time. Of the “8 Conditions,” Ava resonates most with **Fun & Excitement** because she says, “I love the excitement when winning a race and cheering on my teammates when they are racing.”

Woodside Athletic Department

Study hard, practice hard, play hard!