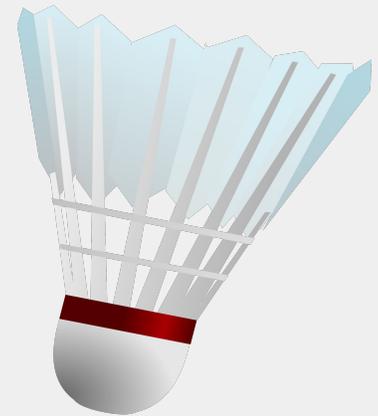


# ATHLETE *of the* WEEK



**May 8, 2023**

*Christopher Baran*



The Athlete of the Week is Christopher Baran. Christopher is a sophomore member of the WHS varsity badminton team. Christopher plays badminton because he enjoys the sport and gets to play on the same team with his friends. In addition, Christopher enjoys playing in singles matches and likes the competitive components of badminton. For this season, Christopher was able to learn new badminton skills and strategies. In the future, Christopher hopes to be top 3 in PAL's. Christopher balances school and badminton by doing his homework during tutorial and lunch. Of the "8 Conditions," as it applies to badminton, Christopher resonates most with Sense of Accomplishment because he feels rewarded after playing a long hard game.

**Woodside Athletic Department**  
*Study hard, practice hard, play hard!*