



ATHLETE *of the* WEEK



September 20, 2021

Arianna Gerola



The Athlete of the Week is Arianna Gerola. Arianna is a junior and plays Set-D on the WHS girls varsity water polo team. Arianna decided to play water polo because her cousin plays and she has always found it fun. Arianna says, “I really like how it’s a physical and a team sport. We win and lose together.” In the future, Arianna wants to become a better athlete, but specifically, wants to get a stronger arm to improve her outside shots. Because of the early practice time, she balances school and water polo by finishing her school work after practice, getting assignments completed the day they are assigned, and not procrastinating. Of the “8 Conditions,” Arianna resonates most with **Confidence to Take Action** because she says, “In water polo, you need to be confident enough to take shots and execute moves.” Coach Cara says, “Arianna was pressed into service this week as 'emergency goalie' for the varsity water polo team. She stepped right up, playing really well in goal, with 5 blocks in each of two games vs BHS and Carmont. In addition, she had 2 goals vs BHS before going in goal, as well as a steal in each game.”

Woodside Athletic Department

Study hard, practice hard, play hard!