



# ATHLETE *of the* WEEK



**September 27, 2021**

*Ethan Brooks*



This Athlete of the Week is Ethan Brooks. Ethan is a senior and a member of the WHS cross country and track teams. Ethan's favorite event is the mile. Ethan likes cross country because of the hill running and likes track because of the multiple teammates that are training in different events. Ethan loves running because it allows him to push himself and he says, "It never gets easier no matter how much I improve." Ethan's goal for this year is to improve his times by as much as he can and have a great senior year. He would like to continue running competitively in college no matter where it is. Ethan balances out school and cross country by completing his homework when he gets home from practice. Ethan says, "Normally I can concentrate on academics better after I've gone for a run. Also, I feel a **Sense of Accomplishment** after I set a new personal record, have a good race, or just know that I pushed myself to my limit."

**Woodside Athletic Department**

*Study hard, practice hard, play hard!*