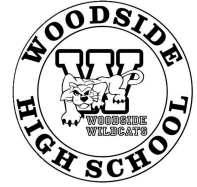


Woodside High School

Athletes of the Week

January 27, 2020



Alison Richter, Brynn Adasiewicz, and Hali Newman

The Athletes of the Week are Alison Richter, Brynn Adasiewicz, and Hali Newman. Alison and Brynn are sophomores and Hali is a senior. All are members of the WHS wrestling team. They are being recognized this week for their performance in the Mid-CALS wrestling tournament at Gilroy High School on January 18. All three girls qualified and made it to Day 2 of this prestigious Northern California wrestling tournament. This wrestling tournament hosted some of the best wrestling programs in California so having these three athletes advance to Day 2 is an incredible achievement both for them personally and for the WHS wrestling program. This was the first year that the Mid-CALS Tournament held a girls division. All three wrestlers finished in the top 6 of their weight class. The girls all agreed that waking up at 4 a.m. to get to Gilroy before weigh-ins was a struggle. During this tournament, the girls resonated most with **Sense of Accomplishment**, fostered their **Spirit of Adventure**, and all possessed a **Confidence to Take Action**.

Woodside Athletic Department
Study hard, practice hard, play hard!