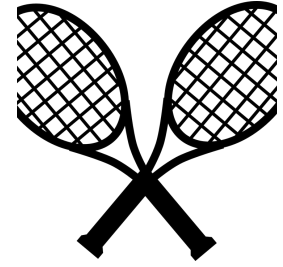
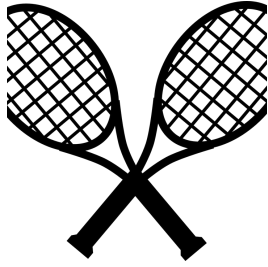
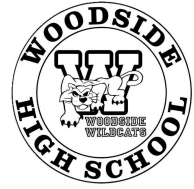


Woodside High School

Athlete of the Week
September 23, 2019



Amanda Wong

The Athlete of the Week is Amanda Wong. Amanda is a senior and plays second doubles on the varsity girls tennis team. She has been playing tennis since middle school and considers herself to be an experienced tennis player. She balances academics and athletics by practicing good time management and planning ahead. Amanda's tennis inspiration is Serena Williams, and if given the chance, would love to compete against her. Amanda plays both tennis and badminton for the competition and because it is fun. The advice she would give other students is "in order to accomplish any goal, you should strive for improvement every day and in every practice." Her team makes her a better player because of their continuous support. She overcomes in-game challenges by not allowing pressure to get to her. Of the "8 Conditions," Amanda resonates most with **Fun and Excitement** because she loves playing tennis.

Woodside Athletic Department
Study hard, practice hard, play hard!