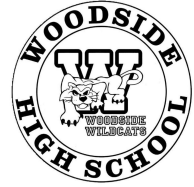


# Woodside High School

Athlete of the Week  
September 3, 2019



Andrew Mills

The Athlete of the Week is Andrew Mills. Andrew is a sophomore on the varsity water polo team. He has been playing water polo for four years and was the varsity MVP on last year's team. He balances his academics and athletics by practicing good time management. If Andrew was given the chance to compete against any athlete in any sport, it would be LeBron James. His inspiration comes from varsity team captain Duncan Vaughan. He enjoys water polo because it is a physically challenging team sport and it gives him the opportunity to swim. After high school, Andrew would like to go to college and hopefully pursue water polo or swim. His coach says that "Andrew is a good teammate who cares about his team." In order to overcome challenges in games, the team relies on the creativity of their in-game adjustments. Focusing on the "8 Conditions" Andrew believes that his team and the sport of water polo brings a sense of **Belonging** because it is a team sport where everyone is working together.

**Woodside Athletic Department**  
*Study hard, practice hard, play hard!*