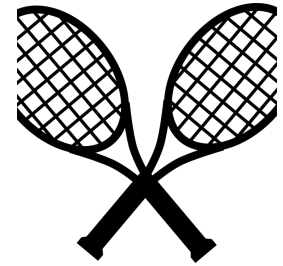
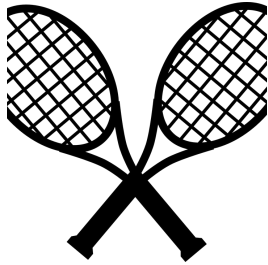
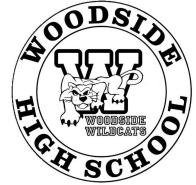


# Woodside High School

Athlete of the Week  
September 23, 2019



## Carmen Bechtel

The Athlete of the Week is Carmen Bechtel. Carmen is a sophomore and plays second doubles on the varsity girls tennis team. She has played competitive tennis for four years and feels she is improving every year she plays. She balances her academics and athletics by making sure she studies and does homework ahead of time and does not procrastinate. If Carmen could compete against any athlete it would be Serena Williams because she always brings her best game. Carmen's inspiration on and off the court is her dad because he puts aside time to play and practice with her and always pushes her to be the best tennis player she can be. In addition to tennis, Carmen plays lacrosse in the spring. She enjoys playing tennis because of the friendships she has made and the positive team environment. Carmen's advice is "to never give up, stay positive and optimistic, and hustle in everything you do." As part of the "8 Conditions" she believes that tennis brings her a sense of **Belonging** because of the support and encouragement her teammates provide.

**Woodside Athletic Department**  
*Study hard, practice hard, play hard!*