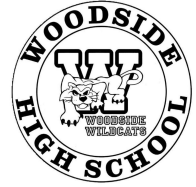


Woodside High School

Athlete of the Week

November 18, 2019



Elise Arana

The Athlete of the Week is Elise Arana. Elise is a sophomore who runs on the varsity cross country team. This is her first year running competitive cross country in addition to also playing soccer. She balances her academics and athletics by doing her homework during both tutorial and after practice. If she were given the opportunity to meet and run against anybody it would be against Usain Bolt. Her WHS teammates are her inspiration because they always motivate and support her everyday at practice and during meets. After graduating from Woodside, she would like to attend and run for the University of Oregon and pursue a career in the medical field. Of the “8 Conditions,” Elise resonates most with **Sense of Belonging** because of the supportive cross country team dynamic, and the inclusive environment that the team has created in order to support all WHS runners.

Woodside Athletic Department
Study hard, practice hard, play hard!