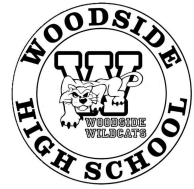


# Woodside High School

Athlete of the Week  
September 30, 2019



## Gabby Melamed

The Athlete of the Week is Gabby Melamed. Gabby is a junior and a captain on the WHS varsity cheer team. She has been cheering all three years of high school. She is able to balance her academics and athletics by practicing good time management and always completing homework and studying after practice. Her inspiration comes from both her parents. Since joining the team, she has become a better cheerleader because the team and coach are very supportive and fun. Her advice to other students is “to work hard at everything you do and be a team player.” As part of improving a cheer routine, Gabby explains that, “when something goes wrong during a performance, it is best to be understanding and patient.” Gabby’s coach would describe her as a “hard worker, and someone who is patient and never gives up.” After high school, Gabby would like to attend a four year college. Focusing on the “8 Conditions” Gabby resonates most with **Leadership and Responsibility** because she is a team captain and needs to keep a positive attitude because it reflects on the team.

**Woodside Athletic Department**

*Study hard, practice hard, play hard!*