Exploring Careers

Presented by School Counselors of Woodside High School
Pre-Assessment

bit.ly/pre10th2023
Goals for Today

01. Begin researching various careers after high school

02. Learn more about yourself by completing a career inventory

03. Understand how personality traits influence career choices

04. Identify 3 possible careers that interest me
Why career exploration matters?
Hold up the corresponding number of fingers for:
How you are feeling/thinking when you hear “we are going to begin planning for a career after high school”:

1. I’m so excited and already have some ideas
2. I’m on board, but not sure where to begin
3. I’m nervous just thinking about it
Why it’s important to plan for various careers

- You just don’t know what you want to do right now
- 80% of students change their major at least once
- You might hate your job
- Uncontrollable factors – relocation (moving), health, family situation
- It helps lower feelings of anxiety, stress, worry, etc.
Starting with your personalities...

Loves helping kids → Preschool Teacher

Loves working in front of computers → Software Engineer

Loves solving mysteries → Cancer Researcher

...can help you find careers you’d ENJOY
Starting with your personalities...

- Loves helping kids
- Loves working in front of computers
- Loves solving mysteries

...can help give you a REASON for pursuing a career

- Preschool Teacher
- Software Engineer
- Cancer Researcher
Naviance – Career Interest Profiler

connection.naviance.com/woodside

“Continue with Single Sign-On”
Naviance – Career Interest Profiler

Log in to Naviance:

- Hover over “Self Discovery” then select “Career Interest Profiler”
- Select “Start Assessment”

Complete the assessment then follow along on the worksheet
Naviance – Career Interest Profiler

Interpreting Results:

- Scroll down to “Your Overall Scores by Holland Trait”, the horizontal bar graph.

Your Overall Scores by Holland Trait

<table>
<thead>
<tr>
<th>Trait</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Investigative</td>
<td>29</td>
</tr>
<tr>
<td>Social</td>
<td>23</td>
</tr>
<tr>
<td>Conventional</td>
<td></td>
</tr>
<tr>
<td>Enterprising</td>
<td></td>
</tr>
<tr>
<td>Artistic</td>
<td></td>
</tr>
<tr>
<td>Realistic</td>
<td></td>
</tr>
</tbody>
</table>

Your Top Holland Traits

1. Investigative
   - Likes to study and solve math or science problems. Generally analytical.
   - Score: 29

2. Social
   - Likes to do things to help people. Likes to work with other people, especially in business or sales.
   - Score: 23

Exploring Careers

Today, we will use Naviance to take a career inventory and understand how our personalities might influence career choices. You will log into your account by:
1. Visiting woodsidehs.org > Naviance (at the top, orange bar)
2. Select Student > Continue with Single Sign-On by clicking on the teal button
3. Hover over Self-Discovery at the top bar > Select Career Interest Profiler
4. Click the Start Assessment button at the top right corner

Naviance Career Interest Profiler reflection questions:

1. Scroll to “Your Overall Scores by Holland Trait,” which contains the horizontal bar graph. There are 6 Holland personality traits. According to the results, which are your top 3?

2. Scroll down to “Your Top Holland Traits,” and read the summary of what these Holland Traits mean. If you would like to learn more and have extra time, scroll down to “Complete Results” and read the detailed description of what each of the Holland Traits represents.

Below, summarize what your top three Holland Traits suggest you like to do and/or what type of environment you would work best in.

Trait #1:

Trait #2:

Trait #3:

3. Do you agree or disagree with your results? Why?
Walk to the poster that represents your top personality trait.

Investigative

Likes to study and solve math or science problems
Take a **silent** Gallery Walk to read:

1. Descriptions of other Holland Traits
2. Names of careers that others identified
Partner Talk

1. The personality trait I identified the most/least with was _______________ because...

2. I agree/disagree with my results because...

3. I didn’t know that ____________ is a career. It’s someone who does/helps/interacts with...

4. ____________ elective class at Woodside is directly related to my personality trait/career interest because...
Budget Breakdown

California Career Zone

To get started, select an option below

Choose Your Lifestyle
When you select this option, you will be asked a series of questions to help you determine the lifestyle you want to lead and how much it will cost you. When you are finished you can look at occupations that might support that lifestyle.

Budget how much money you’ll need

Pick Your Salary
If you think you know how much money you are going to make, you can work backwards to see if that salary will support the lifestyle you want to lead. If it does not, you can search for alternative occupations that might.

Budget from a starting salary
Types of Degrees

4-Year College/Universities:
- Bachelors Degrees

Community College:
- Associates Degrees

Graduate School:
- Masters Degrees
- Doctorate Degrees

High School
Let’s dig into 3 careers!

Based on your Holland Traits, choose three recommended careers and explain how they match.

Choose between researching wages and education level. Do both if you finish early!
What you can do NOW to explore career options

- Find volunteer opportunities that match your career interests
- Consider other parts of your personality traits
- Consult with family, friends, and trusted adults but remember: YOU are in the driver’s seat
Find your highest-scoring Holland Trait > View Careers

From this list, choose 2 careers in which you are most interested. Write one career per post-it.